

Hello, i am Luisa from Spain and i I have been volunteering for ten months in the heart of Austria, Vienna.



I took the opportunity to do this volunteering because I was really looking forward to continue learning German and also to get to know another culture.

I started volunteering in the middle of the COVID pandemic, so it was a challenge for me to adapt to another country, to cope with the pandemic, my work and to make new friends. I must say that thanks to this I have also grown personally, and I have learned to stand up for myself.

Grenzenlos and my project also helped me a lot to handle this situation. don't be afraid to ask for help when you need it!

I keep a lot of nice things from this volunteering and I recommend future volunteers not to be afraid to go to another country, speak another language and work on new things, you will never be alone!

