

## **KoMit**

### **What is KoMit?**

We are a home for people with physical and/or mental handicaps. We are located in Vienna, 17<sup>th</sup> district and organized in three locations for assisted living in form of flat-sharing communities.

As a volunteer, you will provide the team in their daily activities as well as in the free-time activities with the clients. The team consists of professionals as well as civil servants. There is a clear description of each function. In order to organize life together as good as possible, we all follow some rules, which will be explained to you.

Additionally you will be introduced to all activities of the centre and be able to bring in your interests and talents according to your personality.

### **Proposed activities**

As a volunteer, you will

- ✓ Get to know an institution caring for people with physical and/or mental handicaps
- ✓ Get used in contact with the people living here
- ✓ Learn more about KoMit's structure and philosophy
- ✓ Be able to bring in your own cultural background and learn about Austria

Through the encounter with a young person from another country, a new aspect will enrich the life of our clients. Through living daily life together, talking, discussing, cooking, playing, shopping or going out we all will learn more about cultural differences, diversity and sensitivity.

During your time with KoMit, you will have one main group to work with, but there is also the possibility to be with another group for one or two days per week. You will be part of the daily activities with our clients. Such could be:

- ✓ Cooking and eating
- ✓ Leisure activities
- ✓ Self-help training

✓ Physiotherapy

KoMit is opened from 6:30 to 9:00 and from 15:00 to 22:00, on weekends from 9:00 to 22:00. As a volunteer, you will be present in the time from 15:00 to 22:00 and on weekends, except Thursday when there are team meetings. They are important to coordinate all activities. There will always be two days off per week. Your working hours will be 30 per week.

A day could look like this:

15:00 – 18:00: leisure time activities. For those clients, who have free time in the afternoon, you could help composing those activities.

18:00 – 20:00: Dinner time. As eating is an important part in every culture, you could prepare some meals from your home country and learn more about Austrian kitchen.

20:00 – 22:00: The evenings are free for everybody. Often, group talk evolves from sitting around together. As a volunteer, you could bring in some impressions (photos, language, videos) from your cultural background.

On weekends, some trips are organized. This could be going to concerts, the disco, practising sports, visit a museum or going to the cinema. You are invited to help organizing and joining these activities.

### **Profile of a Volunteer and Recruitment Process**

Basically, no special skills are required to join KoMit. It would be great if you are a communicative, active and respectful person, willing to learn how to deal with spastic and mentally handicapped people.

The international volunteering in Vienna is coordinated by Grenzenlos within the MELANGE program. If you are interested, you just send a CV (curriculum vitae), a motivation letter and the full details of the responsible sending organisation to Grenzenlos. They will forward your papers to the hosting project (KoMit) where the selection will be made.

All available placements are open to everyone (fulfilling the general EVS criteria). However, in the selection procedure a preference is shown for candidates with fewer opportunities. You will be informed about the outcome of recruitment process conforming to the set out applying deadlines (more: [Melange Website](#)).